

NORTHWOOD HIGH SCHOOL SWIMMING HALL OF CHAMPIONS

California Interscholastic Federation

2004 Boys C.I.F. Division II Champions

Lugar Choi, Clark Condict, Brian Dorne, Caleb Hamilton, Mackenzie Perry,
Adam Rollins, Andrew Seo, Mathieu Welche

2004 Girls C.I.F. Division II 2nd Place

Samantha Eckroth, Jessie Hubert, Anju Shimura, Alyssa Stachowski,
Ashley Sutherland, Michelle Sutherland

First Place Champions

- 2001 Girls 200 Medley Relay, 1:50.06
Danielle Taylor, Emily Cobb, Christie Farson, Jessie Hubert
- 2004 Jessie Hubert, 100 Backstroke, 56.95
- Adam Rollins, 200 Freestyle, 1:41.91
- Boys 200 Medley Relay, 1:38.47
Adam Rollins, Andrew Seo, Mathieu Welche, Lugar Choi
- Girls 400 Freestyle Relay, 3:34.63
Jessie Hubert, Alyssa Stachowski, Michelle Sutherland, Anju Shimura
- Boys 400 Freestyle Relay, 3:12.53
Adam Rollins, Clark Condict, Mathieu Welche, Lugar Choi
- 2006 Anju Shimura, 100 Freestyle, 52.15
200 Freestyle, 1:51.41
Lugar Choi, 200 Freestyle, 1:41.16
200 Freestyle, 1:40.87 @ CIF Masters Meet
100 Freestyle, 47.12 @ CIF Masters Meet

FOOTHILL GAMES

Swimmer of the Meet

2006 Mathieu Welche

PACIFIC COAST LEAGUE

2006 Varsity Boys Pacific Coast League Champions

Lugar Choi, Jonathan Colton, Brian Dorne, James Foley,
Andrew Hartshorne, Chris J Kim, David Kim, Devin Kutil, Hon Yee Li,
Ryne Noble, Travis Noll, Mackenzie Perry, Andrew Seo, Chris Uncanin,
Jonathan Vu, Mathieu Welche

Swimmer of the Meet

2002 Danielle Taylor, Doug Formby
2003 Doug Formby & Adams Rollins
2004 Adam Rollins
2006 Lugar Choi

League Record Holder

2002 Emily Cobb, 100 Breaststroke, 1:07.44
2003 Doug Formby, 100 Butterfly, 52.64
2004 Adam Rollins, 100 Freestyle, 46.60
2006 Mathieu Welche, 100 Butterfly 52.08
400 Freestyle Relay Team - 3:13.90
Travis Noll, Andrew Seo, Mathieu Welche, Lugar Choi

NORTHWOOD HIGH SCHOOL

Northwood Swimmer of the Year

2001 Christie Farson, Doug Formby
2002 Danielle Taylor, Doug Formby
2003 Michelle Sutherland, Adam Rollins
2004 Jessie Hubert, Adam Rollins
2005 Hayley Cobb, Lugar Choi & Mathieu Welche
2006 Anju Shimura, Lugar Choi

Northwood Athlete of the Year

2002 Danielle Taylor
2004 Adam Rollins

All-Orange County Swimmer

2004	Jessie Hubert, 100 Backstroke Anju Shimura, 200 Freestyle Adam Rollins, 200 Freestyle
2006	Anju Shimura, 100 Freestyle Anju Shimura, 200 Freestyle Lugar Choi, 200 Freestyle

NORTHWOOD HIGH SCHOOL USA HIGH SCHOOL ALL AMERICANS

The National Interscholastic Swimming Coaches Association annually establishes time standards for the selection of High School All American. The following Northwood swimmers have been honored for their excellent achievement:

Individual All Americans:

2002	Danielle Taylor	100-Yard Backstroke, 57.70
2004	Jessie Hubert	100-Yard Backstroke, 56.95
	Anju Shimura	200-Yard Freestyle, 1:50.97 100-Yard Backstroke, 58.51
	Adam Rollins	100-Yard Freestyle, 46.35 200-Yard Freestyle, 1:41.91
2005	Hayley Cobb	200-Yard Individual Medley, 2:06.05 500-Yard Freestyle, 5:01.80
	Alyssa Stachowski	500-Yard Freestyle, 5:02.75
	Lugar Choi	200-Yard Freestyle, 1:42.44 500-Yard Freestyle, 4:39.48
2006	Anju Shimura	200-Yard Freestyle, 1:51.41 100-Yard Freestyle, 52.15
	Lugar Choi	200-Yard Freestyle, 1:40.87 500-Yard Freestyle, 4:38.45
Congratulations also to the Boys 400-Yard Freestyle Relay, 3:13.90 Travis Noll, Andrew Seo, Mathieu Welche, Lugar Choi		