

2009 High School Swimming Standards

Girls				
Event	CIF Division I		All America	
	Auto	Consid	Auto	Consid
200 Medley Relay	1:53.50	2:01.50	1:49.32	1:50.85
200 Freestyle	1:56.50	2:01.00	1:51.56	1:52.99
200 Individual Medley	2:12.50	2:18.50	2:05.74	2:07.60
50 Freestyle	25.00	25.60	23.86	24.12
100 Butterfly	59.20	1:02.20	56.75	57.50
100 Freestyle	54.00	55.80	51.72	52.39
500 Freestyle	5:15.00	5:26.00	4:58.13	5:02.19
200 Freestyle Relay	1:42.50	1:48.00	1:38.34	1:39.64
100 Backstroke	1:01.00	1:04.00	57.50	58.43
100 Breaststroke	1:09.50	1:11.80	1:05.24	1:06.28
400 Freestyle Relay	3:45.50	3:56.50	3:33.90	3:36.76

Boys				
Event	CIF Division I		All America	
	Auto	Consid	Auto	Consid
200 Medley Relay	1:40.50	1:46.00	1:37.22	1:38.50
200 Freestyle	1:45.00	1:49.20	1:41.75	1:42.97
200 Individual Medley	2:00.20	2:05.00	1:54.33	1:55.96
50 Freestyle	21.90	22.50	21.20	21.48
100 Butterfly	53.50	55.60	50.92	51.72
100 Freestyle	48.40	49.50	46.44	46.98
500 Freestyle	4:45.00	4:57.00	4:36.08	4:39.82
200 Freestyle Relay	1:30.00	1:34.50	1:27.06	1:28.29
100 Backstroke	55.00	57.50	52.09	52.90
100 Breaststroke	1:01.80	1:04.00	58.58	59.40
400 Freestyle Relay	3:17.00	3:27.00	3:11.64	3:13.93